



www.gilabs.com info@gilabs.com 416-861-0506



Your trusted partner in
clinical metabolic research.



Glycemic Index Laboratories Inc. is a premier facility with wide ranging capabilities in the area of clinical research and unique expertise in the area of nutritional research. We are dedicated to maintaining the highest scientific standards and to providing reliable, accurate, and confidential results.

GI Labs is proud to have a team of senior scientists including Dr. Thomas Wolever, Dr. Alexandra Jenkins and Dr. Vladimir Vuksan, who are internationally recognized for their expertise in nutritional research. Together, these academic professionals share over eighty years of academic scientific research, including pioneering the concept of the Glycemic Index in 1981. Among them, they have authored or co-authored over 350 original research papers published in peer-reviewed scientific journals.



PRESIDENT
Dr. Thomas Wolever
MD, PhD, DM



VICE PRESIDENT
Dr. Alexandra Jenkins
PhD, RM



VICE PRESIDENT
Dr. Vladimir Vuksan
PhD



Our clinical metabolic research is tailored to meet your objectives and needs.

Our range of services includes:

ACUTE TRIALS:

Satiety and Satiation Trials:

Subjective Measures (Appetite score)

Objective Measures (Food intake and measurement of satiety hormones such as Ghrelin and GLP-1)

Glycemic Index and Glycemic Load Determination

Assessment of Metabolic Response to Foods

Postprandial glucose

Hormone response (insulin, GLP-1)

Antioxidants

Measures of inflammation

LONG-TERM CLINICAL TRIALS:

Weight Loss

Cardiovascular Disease Risk Factor Modification

Natural Health Product Research

Novel Fiber Classification:

Laxation trials, prebiotic effect

CONSULTING:

Protocol Design

Product Development

All research at GI Labs is specifically designed to deliver effective testing and accurate results.

